



12/07/21 – Lost Pension?

Have you paid into a pension scheme with a previous employer, and lost track of who it is with? It can be difficult to keep on top of all the pension schemes you have paid into during your working life.

The Government Pension Tracing Service is free and can help you trace a pension you've lost track of, even if you don't have the contact details of the pension provider.

Before using the service collect as much information as you can, including:

- the name of your previous employer or pension service (you will need this to get started)
- any previous names it had
- the type of business it ran
- whether it changed address
- when you belonged to the scheme

Please note – there are other organisations who offer this service but who may charge a fee – this Government service is free.

Further information

To use the Government Pension Tracing Service – follow this link:

[Find pension contact details - GOV.UK \(www.gov.uk\)](https://www.gov.uk/find-pension-contact-details)

Other ways to apply

You can also request contact details from the Pension Tracing Service by phone.

Pension Tracing Service

Telephone: 0800 731 0193

From outside the UK: +44 (0)191 215 4491

The Pension Tracing Service will only tell you the contact details of the pension's administrator. You will then need to contact the pension administrator to find out whether you have a pension, and what value it is.